

POST-LESSON:

Ryan's Story Presentation ryansstory.org

(2-3 minutes)

Begin class by going over ground rules and expectations for discussion.

Say to the students:

Before we begin our first activity, I would like to go over some ground rules and expectations for classroom discussion.

- a. Listen when someone is speaking.
- b. Respect different opinions and experiences.
- c. Don't use real names when talking about a situation.
- d. Respect confidentiality.

(3-5 minutes)

Say to the students:

During this activity you will be able to get up and move around certain parts of the classroom. Each part of the classroom will be labeled with 3 signs: [“AGREE”](#), [“DISAGREE”](#) AND [“NOT SURE”](#). I will read a statement and you will move and stand next to the sign that best represents your viewpoint of that statement. Once everyone has picked a section of their choice you will have a 2-3 minute discussion on your choices for each of the statements.

20 minutes (Activity 1)

There are 5 statements. Each statement is read individually and provides students time to move to the AGREE, DISAGREE OR NOT SURE section of the room.

Say to the students: The statements that I will be sharing are relating to the presentation and there is no right or wrong response. We need to support everyone's opinion and feelings. You can also change your mind and move to a different sign.

- “Rumors are more hurtful than getting hit or punched.”
- “Until today, I hadn't really thought much about who else may read my Private Emails/instant/text messages.”

- “If you tell an adult at school you are being bullied, it will only get worse.”
- “Until today, I hadn’t really thought about how my instant messages, posts on social media, or text messages may affect someone else.”

20 minutes (Activity # 2):

Say to the students: For the remaining period you will answer these questions on the [hand-out](#). Once you finish completing these questions, we will have a discussion.

1. What stands out most to you from Mr. Halligan’s presentation?
2. Is there anything that the presenter said that really stuck with you?
3. Have you ever found yourself the victim of bullying or cyberbullying?
4. What advice would you give a student facing bullying?
5. What can we do to be more aware of our actions?

5 minutes (Share out and wrap up)

A. Take responses to questions 1 and 2. Feel free to add your response after several students have responded.

B. Take responses to question 3. Be sure to thank any student who bravely shares a response.

C. Take responses to questions 4 and 5. Feel free to add your response after several students have responded.

D. Finish discussions by asking the students to quietly examine their own past behavior towards others and ask themselves ... Do you owe someone an apology? If so, will you apologize to that person? Will you strive to no longer be a bystander?

Say to the students:

We will now be wrapping up our discussions. If you need to talk further about what we discussed today, please reach out to your counselor. Also, **We can all help prevent suicide.** The national 988 Lifeline provides 24/7, free and confidential support for people in distress. You can call or txt 988 anytime you or a loved one needs assistance. You can visit 988lifeline.org for more information.